

LINKAGE WELLNESS INSTITUTE DONATION/FUNDING SUMMARY

THE LINKAGE CARES FUND EXISTS TO PROVIDE REAL, TANGIBLE SUPPORT TO INDIVIDUALS AND FAMILIES FACING ILLNESS, TRAUMA, OR CRISIS. EVERY DONATION DIRECTLY FUELS CARE BOXES, EMERGENCY ASSISTANCE, WELLNESS PROGRAMS, FAMILY SUPPORT, AND COMMUNITY ADVOCACY.

PUBLIC GENEROSITY HELPS US DELIVER COMFORT, RESTORE STABILITY, AND CREATE PATHWAYS TO HEALING FOR PEOPLE WHO NEED IT MOST. TOGETHER, WE SPREAD LOVE, DIGNITY, AND HOPE... ONE ACT OF CARE AT A TIME.



Linkage CARES Fund

Where Your Donation Goes:

The Linkage CARES Fund ensures that every dollar directly supports individuals and families navigating illness, trauma, recovery, or crisis. Your contribution strengthens Linkage Wellness Institute's mission to provide practical help, emotional comfort, and year-round wellness support to our community.

1. Direct Crisis & Recovery Support

Direct Support Funds provide immediate assistance for people facing:

- Illness (including breast cancer and/or mental health diagnoses)**
- Trauma or sudden life transitions**
- Financial hardship**
- Emergency needs**

This includes transportation help, wellness items, comfort supplies, and other essentials that stabilize individuals during vulnerable moments.

2. Linkage Care Boxes

Since 2019, Linkage has delivered personalized care boxes filled with comfort items, wellness tools, and uplifting gifts to people on healing journeys.

Donations help us:

- Assemble and ship care boxes**
- Expand Boxes of Happiness to anyone needing emotional support**
- Maintain year-round distribution for fighters, survivors, and families**

These boxes are one of Linkage's most beloved and impactful traditions.

3. Community Wellness & Recovery Programs

Community and donor support sustains programs that offer trauma-informed healing, empowerment, and education:

- **Trauma, Recovery & Healing Program**
- **Linkage Referral Program**
- **Early Detection & Prevention Program**
- **Mental Wellness Initiatives**
- **Empowerment events**
- **Awareness campaigns and community outreach**

These programs provide practical tools, guided healing, and culturally rooted support for both women and men.

4. Support for Families & Vulnerable Community Members

Family Support Donations help us provide:

- **Food, transportation, and gift cards**
- **Hygiene and household essentials referrals**
- **Seasonal support (holidays, back-to-school, winter needs)**
- **Assistance for families navigating crisis or transition**

This includes the Little Blessings Program, Valentine's Gifting Program, and Feed the Community efforts.

5. Awareness, Advocacy & Community Engagement

Advocacy Work Funds also support:

- **Breast cancer & mental health awareness events**
- **Community education**
- **Public health outreach (schools, hospitals, clinics, pop-up's)**
- **Partnerships that expand access to counseling and wellness services**

These efforts strengthen community connection and ensure people know where to turn for help.

LINKAGE WELLNESS INSTITUTE PUBLIC IMPACT REPORT

Category	How Donations Help	Community Impact
Direct Crisis Support	Emergency assistance, wellness items, transportation	Immediate relief & stability
Care Boxes	Comfort gifts, healing tools, personalized support	Emotional uplift & dignity
Wellness Programs	Workshops, prevention, trauma recovery	Long-term healing & empowerment
Family Support	Essentials, gift cards, seasonal help	Stronger households & reduced stress
Advocacy & Outreach	Awareness events, education, partnerships	Community connection & access to care

